

# MY VISIT TO THE DENTIST: WHEN MY TOOTH IS SICK

About: This story can help you imagine what your visit to the dentist will be like.  
(The story is aimed for children with autism, but may benefit any child.)



1

Today, I will go to the dentist. The dentist is going to fix my tooth that is sick.



2

My family and I will ride the elevator.



3

The dental clinic is big.



4

I have to look for the signs to get to my dentist.



5

I will walk through the waiting room to get to the front desk.



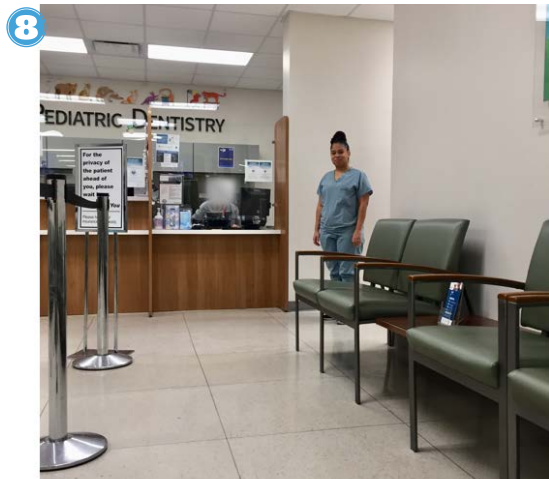
6

I will check in at the front desk.



7

I will wait quietly in the waiting room.



8

Someone will call my name when it's my turn.



9

I will walk by a row of big chairs. My parent gets to come too.



10

My dentist will ask me to sit in a big chair.



11

My dentist may need to use a special bed with seatbelts to keep me safely in the chair.



12

I can do things to make myself feel better if I get scared.



13



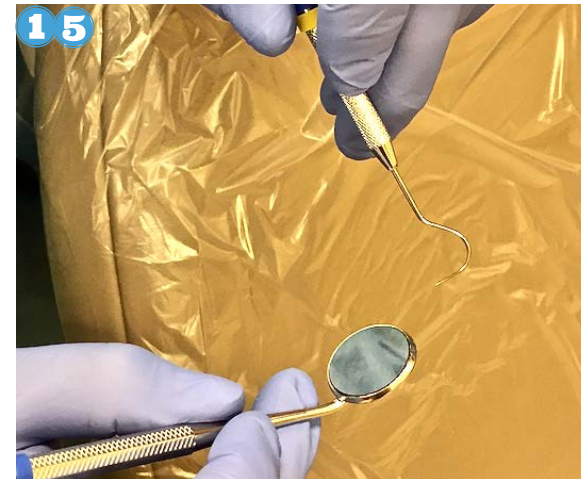
My dentist wears a special mask and glasses to look at my teeth.

14



There is a special light to look at my teeth.

15



My dentist will count my teeth with a mirror and tooth counter.

16



I may need to wear a special nose to breathe air that will relax me.

17



Some of my dentist's tools make noise - like the motorcycle brush.

18



I can ask my dentist to play music or put something on the tv if I don't like the noise.



**19**

Then the dentist puts some red jelly on a swab to rub over my sick tooth.



**20**

Next the dentist puts some sleepy juice next to my tooth. It might feel like cold water on my tooth.



**21**

My dentist works on my tooth so I can feel better!

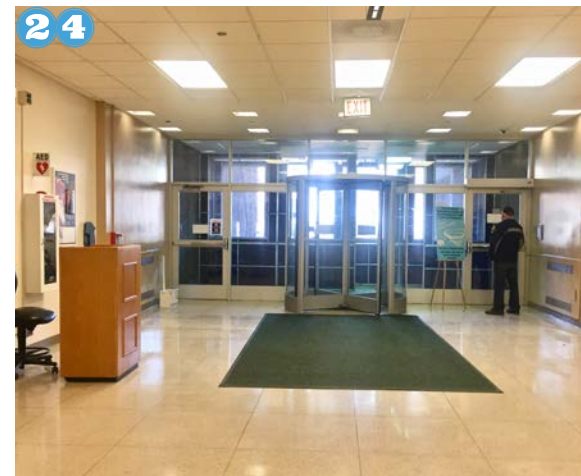


I can do things to make myself feel better if I get scared.



**23**

If I am a good helper I will get a prize from the toy machine.



**24**

I did great job at the dentist and it's time to say goodbye.