Resources and more...

**Advocacy, special needs, parenting**

**UIC Developmental Disabilities Family Clinic**
phone (312) 413-1871
web ahs.uic.edu/developmental-disabilities-family-clinic/

**Family Resource Center on Disabilities (FRCD)**
web dssc.uic.edu/dssc_resource/family-resource-center-on-disabilities-frcd/

**Child Advocacy Center**
First line responders for children experiencing sexual abuse
web www.chicagocac.org

**Illinois Lifespan**
Resources and advocacy for people with disabilities
web www.illinoislifespan.org

**Positive Parenting (CDC)**
web www.cdc.gov/ncbddd/childdevelopment/positiveparenting/index.html

**LGBTQ+: Tips for Parents**
web www.hopkinsmedicine.org/health/articles-and-answers/ask-the-expert/tips-for-parents-lgbtq-youth

**LGBTQ+ Health: Howard Brown Health Center**
web www.howardbrown.org

**ADHD Resources**
CHADD: Talk with an ADHD Information Specialist
phone (800) 233-4050 (M-F | 12-4pm)
web www.chadd.org

**NAMI**
Mental health information, referral, support, education
help line (312) 563-0445 (M-F | 9-5 pm)
web www.namichicago.org

...Don’t forget to check out our information board
(You can find it to the left of our front desk)

When you need help...

**CITY and STATE GOVT.**
Dial 911—Fire, police, medical emergency
Dial 311—City of Chicago services and non-emergency police services

**DCFS Report child abuse/neglect**
phone (800) 252-2873

**DHS Customer Help Line**
phone (800) 843-6154
web www.dhs.state.il.us

**ACCESSING MEDICAL BENEFITS**

**All Kids Hotline** (866) ALL-KIDS (255-5437)
**UI Health**
Financial assistance and general benefit help
phone (312) 413-7621
e-mail getinsured@uic.edu

**Cook County Health System**
Financial assistance and benefit help including CareLink
phone (866) 223-2817 (press option 1)
web www.cookcountyhhs.org

**FOOD**

**SNAP/Food Stamp Hotline** (800) 843-6154
**WIC Hotline** (217) 782-2166
**Hunger Coalition** (800) 359-2163
**Greater Chicago Food Depository**
Find food and get help applying for SNAP & Medicaid
phone (773) 843-5416
web www.chicagosfoodbank.org

**SHELTER**

**List of shelters**
www.shelterlist.com/city/il-chicago

**Emergency shelter**
Dial 311 or go to hospital ER or any Police Station

**24 HR HOTLINES**

**Domestic Violence** (877) 863-6338
**Sexual Assault** (888) 293-2080
**Crisis Text Line** text HELLO to 741741
**Mental Health** text NAMI to 741741
**Trevor Project** (866) 488-7386
**LGBTQ+ lifeline** text START to 678678
**SASS** (800) 345-9049
**Crisis Mental Health Services for children & adolescents**
**Substance Abuse** (833) 2FINDHELP
**Poison control** (800) 222-1222

This program is funded in part by a grant from:

**LLOYD A. FRY FOUNDATION**
Where it all begins: a dental home

Home is where a child can feel safe, in the care of trusted adults. Our dental care team offers you a “dental home” (or “casa”) where you can rely on us to care for your children for many years. To make your visit even more child-centered we are adding a child and family social worker to our team.

Meet our social worker!

Elisabeth Purkis is a child development and infant mental health specialist. She has a Master’s Degree in Social Work from Loyola University, Chicago. She has been working with families in various capacities for the last 25 years, both as a social worker and an educator.

Elisabeth Purkis MSW, LCSW
Office (312) 355-0527
Email epurkis@uic.edu

Why is a social worker in a dental clinic?

Elisabeth, along with interns from UIC’s Jane Addams College of Social Work can help with social, developmental and emotional concerns that come up during your child’s visit to our clinic, as well as with barriers that make it difficult to get to dental visits. We can provide you with information, resources, counseling, and support. We are here to help you improve your child’s health.

What is an appointment with a social worker like?

It begins with a conversation between you and the social worker or social work intern. Our first step is to learn from you what you need. Sometimes you need practical help, such as information or referrals to programs or agencies. Or you or your family may be going through a tough time and it might help to talk it through.

Every situation is different, but often these conversations can make things clearer, or uncover new options to help you.

A social worker can help you with...

• Getting to your appointments.
• Access to benefits or other services for you and your family.
• Managing the stress and worry of dental visits (for both parent and child).
• Tips on how to change your child’s eating and brushing habits.
• Making a plan to help your child to give up the pacifier, thumb sucking, or the bottle.
• Concerns about your child’s development.
• Connecting you with other healthcare providers.

How long does a social work appointment take?

Sometimes we can problem-solve in a few minutes. Other times our conversation may take longer.

Where does this happen?

This can happen in the clinic while your child is being treated, while you are waiting for an appointment, or in our social worker’s office when you are done with your child’s appointment. We can talk on the phone if you prefer, or plan to meet next time you are in our clinic.

Where can I find the social worker? How do I ask for help?

Elisabeth’s office is across from the front desk in the Department of Pediatric Dentistry, on the left side of the waiting area. She is available during clinic hours: 8:15 a.m. to 4:45 p.m.

— Just knock on the door —

If our social worker is not available or is in a meeting:

Please take her card (by her door)
OR ask your dentist to put you in touch
OR ask at the front desk.